



Start work at 6.00 am Sunday 1st February to Friday 6th February

Due to the very high forecast temperatures for the next seven days we are going to start work each day at 6.00 am and finish one hour earlier for next week. Times for working days for most pickers and other workers are as follows:

- 5.00 am Breakfast (for those in camp)
- 6.00 am Start Work**
- 8.30 am Rest Break (10 minutes)
- 11.00 am Lunch (30 – 45 minutes)
- 1.30 pm Rest Break (10 minutes)
- 2.55 pm Finish** (Friday finish is often two hours earlier)
- 5.30 pm Evening Meal (for those in camp)



	Forecast	Min./Max.
Friday	Sunny	24 / 43° C
Saturday	Mostly sunny	25 / 44° C
Sunday	Mostly sunny	24 / 42° C
Monday	Mostly sunny	25 / 40° C
Tuesday	Sunny	24 / 39° C
Wednesday	Mostly sunny	23 / 42° C
Thursday	Sunny	25 / 42° C

Saturday breakfast will be at the usual time of 8.00 am.

These times are only for next week and will be reviewed at the end of the week.

How to work in the heat ...

What a start to the season! The very high temperatures have made it a difficult start for all workers who are to be thanked for the manner in which they have assisted us with our harvest. The fruit has to be harvested when it is ready and cannot be delayed so we need to work on. We need to take precautions in the extreme heat:

- Drink plenty of water throughout the day
- Wear a hat that protects your face
- Wear sunscreen
- Wear loose fitting clothing that covers as much of your skin as possible
- Take rest breaks as required
- If you feel unwell tell let someone know and take a rest in the shade



David Sanders from Berrigan has been working for us for quite a few years so he must enjoy it!

At work this morning ...



Jae Hyeok Jeong has the Aussie name of Van. He is from Korea where he is in his 4th year of Civil Engineering studies.



Pierre Legrand who has trained as a lawyer in France has been in Australia for 9 months and is picking fruit for the first time.



Ben Cornish encourages all workers to drink lots of water and to work within their capacity.